

Springville Junior High School Student Handbook



2018 - 2019

Student Handbook

Springville Junior High School

189 South 1470 East, Springville, Utah • 801-489-2880

Dear students:

Welcome to Springville Junior High School! We are so excited to begin a new school year in this beautiful school. We plan to continue to build on the success and traditions of excellence that have long been established at our school and hope that you will join us in this endeavor.

Junior high is an exciting time where you have opportunities to make new friends, grow academically and prepare for the future. You will have many chances to participate in extracurricular activities where you can have fun, discover new interests, and make new friends.

As an administration, we have great confidence in those who will teach and assist you. We hope you will take advantage of the rich academic opportunities that your teachers will provide.

We encourage you to get involved and make the most of your time at SJHS. We hope that throughout your time at Springville Junior High you will learn, grow, and develop new talents that you will share with those around you. Have a wonderful year!

Sincerely,

Mr. McGuire, Principal

Mrs. Shepherd, Assistant Principal

Mr. Rockwood, Dean of Students

Springville Junior High School Personnel

Administration

Principal: Ryan McGuire

Assistant Principal: Shauna Shepherd

Dean of Students: David Rockwood

Finance: Nan Davis

Attendance: Kellie Marostica

Counseling

Seventh Grade Counselor: Courtney Droz

Eighth Grade Counselor: Todd Jackson

Ninth Grade Counselor: Monica Distefano

Registrar/Secretary: Sue Tarin

Custodial

Head Custodian: Benton Locke

Night Custodian: Derek Petersen

Lunch

Head Lunch Supervisor: Rachell Chappell

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Springville Junior High Mission Statement

To ensure high levels of learning for all students, by being responsible citizens, effective communicators, and successful learners.

Springville Junior High Belief Statements

1. Shared responsibility for education belongs to the students, parents, the school and community.
2. Optimal learning takes place in a caring environment characterized by respect, trust and high expectations.
3. Active engagement in the learning process leads to student success.
4. Instructional improvement is accomplished through disciplined reflection and informed change.
5. Student potential is realized through multiple curricular and extra-curricular opportunities.
6. Critical thinking and problem solving skills should be taught across the curriculum.

Knight's Code of Honor

As a knight I will...
Respect myself and others
Be courteous and kind
Strive for wisdom through knowledge
Serve my school, community, and country
Keep my promises
Be prepared and responsible
Stand for truth and right
Be noble, honest, and just in mind, word, and deed

Springville Junior High's Desired Results for Student Learning

Effective Communicators

- convey clear ideas, feelings, and beliefs through written, spoken, artistic, and kinesthetic expression.
- communicate with others in a respectful and civil manner.
- listen carefully to others.
- adapt our communication to suit the needs of our audience.

Responsible Citizens

- are accountable for our actions.
- use respectful language.
- contribute positively to our communities.
- understand that the choices we make affect others as well as ourselves.

Successful Learners

- explore new information.
- use critical and logical thinking skills to solve problems.
- recognize connections between prior knowledge and newly acquired information.
- apply and integrate knowledge into diverse situations.

Expectations of Students at Springville Junior High School

While in the **classroom**, students will:

- be ready to learn when the bell rings
- have the necessary materials for class
- keep hands, feet, books, and objects to themselves
- use appropriate language
- respect the rights of others
- follow the teachers' directions
- use good judgment in making decisions concerning personal behavior
- honestly complete their own work

While at **school**, students will:

- be in class during class time, or have a hall pass when in the hall during class time.
- lock up bicycles and scooters in the bicycle area using the bike racks
- maintain a safe, clean, drug-free environment.
- not ride bicycles, skateboards, scooters, or rollerblades on school property, including sidewalks and parking lots.
- refrain from throwing objects, including snowballs.
- keep the school grounds, rooms, and halls free from paper and other refuse.
- not show public displays of affection on school grounds.

School dances are a privilege, and student attendance is at the discretion of the administration. While at **school dances**, students will:

- not chase, push, run, etc.
- dress according to the school dress code
- refrain from public displays of affection
- be respectful and polite
- not do any inappropriate dancing

Twice a year Springville Junior a best dress dance. We do not intend for this to be a prom-type activity, and students do not need to buy a new outfit to attend. The dress code will be enforced during these dances and the same behavior expectations will remain for all dances.

During school dances all students are expected to be in approved areas of the building. **Any student that chooses to leave the building during the dance will not be readmitted.** All students are responsible for their own transportation to and from the dance. Parents should be aware of the dance ending time and arrange for prompt pick-up of their children. The outside school grounds will not be supervised during dance hours.

While at a **sporting event**, students will:

- cheer for their team and not yell demeaning comments or chants at opposing players, teams, fans, or referees
- not bring or use sound enhancing devices
- not throw objects on the floor or at opposing players, teams, fans, or referees
- be good sports
- obey school rules while attending the sporting events

School Policies and Procedures

Athletic Eligibility

In order to be eligible for athletics at Springville Junior High School, students must meet academic and citizenship standards.

- Academic standards: Students must maintain a GPA of 2.0 or higher and have no more than 1 failing grade at the end of each term.
- Citizenship standards: Students must display good citizenship and behavior in and out of class.

If students are playing with a high school team, please contact the high school for specific requirements.

Attendance

- Students with more than 3 tardies in a class will be assigned detention. Morning detention starts at 7:30 a.m. and after school detention is T-Th 2:45 -3:30 p.m.
- Once students have come to school they may not leave without a parent first checking them out through the attendance office. Students who leave school *without* checking out through the front office will be considered truant.
- Students will be assigned a 45 minute detention for each recorded truancy.
- When a student is absent, a parent or guardian must call the attendance office within two days to excuse the absence. Parents can leave a voice message regarding absences after school hours. **The telephone number is: 801-489-2880.**

Harassment and Bullying

Nebo School District policy defines bullying as “intentionally or knowingly committing an act that endangers the physical health or

safety of a student or employee for the purpose of creating fear of physical harm to the student or employee or harm to the property of the student or employee. Typically, bullying is behavior that is intended to cause personal harm or distress, exists in a situation or relationship in which there is an imbalance of power or strength, and may be repeated over time.”

<http://www.nebo.edu/pubpolicy/J/JDC.pdf>

<http://www.nebo.edu/pubpolicy/J/JDD.pdf>

What does a student do if they are being harassed or bullied?

1. Tell the person harassing or bullying you that you do not like it. Name the problem and take charge by saying, “You are harassing me and I want you to stop.”
2. If the person harasses or bullies you again, tell him/her that you want it to stop and that you will tell someone in authority if it does not stop.
3. If the person harasses or bullies you again, tell an adult—an administrator, counselor, teacher, or parent immediately.
4. In all cases in which the school has knowledge of the harassment, the parents of the harassed child will be notified by the school.
5. Parents may contact the school at any time they feel their child is being harassed or bullied.

What happens to a student harassing or bullying another?

1. The student is told to stop immediately. Harassment is explained to them and the consequences for continuing to harass or bully. A parent may be contacted.
2. If the student harasses or bullies again, parents are notified that he/she is harassing another student and could be suspended.
3. If the student harasses or bullies again, parents are notified, and the student is suspended. He/she could be referred to

the district office or possibly charged through Springville Police Department.

4. If the student harasses again, the student is referred to the District Office on a Safe School Charge.

Depending on the severity of the situation, a student may be suspended at any time during the disciplinary process.

Building Hours

The school building will be open at 7:30 a.m. and will be locked at 4:00 p.m. Teachers are available to work with students in the mornings starting at 7:30 a.m. and after school until at least 3:10 p.m.

Cafeteria

Students will wait patiently in line and eat at the tables. They should take personal responsibility in cleaning up after themselves and maintaining the cleanliness of the cafeteria. Students who misbehave, litter or leave trays will help clean the lunch room and may serve a lunch detention. If repeated violations occur, students may lose the privilege of eating in the lunch room.

All food must be eaten in the lunch room. Lunch trays will not be allowed in the commons or hallways or outside.

Students must remain in the cafeteria or commons during lunch. Students will not be allowed in hallways during the lunch period.

Class Changes

Schedule changes should be kept to a minimum. During the first week of the semester, students may request a class change by submitting a class change form, along with a \$5 fee, to the counseling office. Many teachers have full classes, therefore,

honoring requests is difficult and sometimes impossible. If we are unable to accommodate your request, your fee will be refunded.

After the first week of the semester, schedule changes are made as the last possible alternative. Students and parents should fill out a class schedule concern form (available in the counseling office) and a meeting may be set up with the student, parent, teacher, counselor, and administrator to decide how to proceed.

Dress and Grooming

The Nebo School District Board of Education recognizes that “student dress and grooming may impact the education of students. Experience and research have demonstrated that the learning atmosphere is improved when students dress and groom in a way that is not distracting. Appropriate student dress and grooming promotes an effective learning environment free of unnecessary disruption. In addition, appropriate student dress and grooming helps increase school and student safety and security.” (www.nebo.edu/pubpolicy/J/JDG.pdf)

All students are expected to comply with the standards of dress and grooming outlined below when participating in any school activity. Students that violate the dress and grooming policy will be required to correct the violation. Correction may include exclusion from school until the violation is remediated. The following list is intended to serve as a guideline and should not be considered all inclusive.

Guidelines:

- wear shorts and skirts that reach mid-thigh when sitting
- wear modest shirts that have sleeves and cover the shoulder and midriff and back.

- clothing shall not contain rude, crude, or vulgar comments or pictures
- clothing shall not promote illegal activities
- clothing should not be gang related
- bandanas are not allowed

Lockers

- Each student will be given the use of a locker. **Please do not share lockers or tell other students your locker combination.**
- Do not keep money or other valuables in your lockers.
- Do not write on lockers with any type of marker. Students who write on lockers are subject to school discipline, with the possible loss of locker privileges.
- Lockers are school property and can be searched at any time. Students have no expectation of privacy.

School Property

Students are expected to take care of all school property, including books. Students will refrain from writing on lockers and desks with any type of writing utensil. Whenever students damage or lose school property they must make restitution.

Electronic Devices and Cell Phones

Students should follow classroom rules in regard to cell phones or any other electronic devices. These can be a disruption to student learning. The school is not liable for stolen or lost items. As a general rule, students are not allowed to use cellphones or electronic devices, or headphones in the classroom, unless directed by the teacher.

All inappropriate use of electronic devices will result in the confiscation of the device. The devices will be available for pick-

up from the front office. Parents will be required to pick-up the devices after a second offense.

Suspension / Expulsion from School

Students will be held responsible for their actions and will conduct themselves in keeping with the school rules, showing regard for established authority and the rights and welfare of others. Any unlawful act committed on school grounds will subject the student to legal as well as school consequences.

Students may be suspended and/or referred to the district office for possible expulsion by the principal or assistant principals. The following are possible reasons for suspension or expulsion. This list is not intended to be all inclusive:

1. Willful or gross misconduct.
2. Immorality, writing, or using profane and obscene language or possessing obscene materials on or around school property or at school-sponsored activities.
3. The use or possession of tobacco, e-cigarettes, alcohol, or other narcotics on the school premises or at school-sponsored activities. The student(s) involved will be referred to the police.
4. Truancy (absence from school or class without appropriate school permission).
5. Vandalism: Persons found responsible for destroying or damaging school property are required to reimburse the school for the cost of replacing or repairing the damages. Vandalism is a crime, and students will be referred to the police.
6. Any violation of the Safe Schools Policy.
7. Fighting.
8. Theft.
9. Violation of the Sexual Harassment policy.

Students who are suspended will be reinstated only after a satisfactory conference with parents, the pupil, and the school officials has been held. A suspended student will be responsible for making up all assignments missed during the period of suspension.

*For more detailed information see Nebo School District Policies on Safe School Environment (www.nebo.edu/pubpolicy/J/JDA.pdf) and Student Conduct and Discipline (www.nebo.edu/pubpolicy/J/JD.pdf)

Sportsmanship

Students, parents, and others attending SJHS sporting events are expected to adhere to a high standard of good sportsmanlike behavior – those choosing otherwise will be required to leave.

School Telephones

During school, the telephone in the attendance office is available for emergencies only, and students will be allowed to use the phone if they have a hall pass from their current teacher. After school, students may use a classroom phone with a teacher's permission.

Tardies, Truancy and Detention

Students are required to arrive on time, ready to participate and learn. A student who arrives at school after the 8:00 a.m. bell is considered tardy. A parent must directly contact the school to excuse a first-period tardy.

During the school day, students will be marked tardy if they are not in their classrooms at the time the bell rings. Students with tardies will be required to:

- Serve detention after school from 2:45 – 3:30 p.m.

- Forfeit the privilege of attending dances, Lagoon, and no tardy parties.
- After 10 tardies, students will be required to meet with the school administration for possible disciplinary actions.
- Three tardies equal an unexcused absence for truancy purposes, and students may be referred to District truancy.

Quest Time Tardies

Students who do not arrive to the correct intervention or activity classes on time will be marked tardy, and will need to attend detention.

Truancies

The following consequences will be administered to students who choose to be truant.

- 45 minute detention per sluffed class
- After three sluffs, students will meet with an administrator for possible disciplinary actions.
- If student continues sluffing after the administrative meeting, a parent meeting may be called.

Visitors

All visitors must check in at the attendance office. Friends not enrolled in Springville Junior High are not allowed to attend classes or dances.

Class Policies and Procedures

In order to facilitate consistency across the school, all teachers have adopted the following class policies and procedures.

Grading and Grading Records

- Grades for assigned homework, assignments and tests will be posted on the Aspire / Student Information System (SIS). Aspire is the district's computer grading program. Parents can access the program via the district website (<http://www.nebo.edu/parents/sis>).
- Teachers should make an effort to contact parents if a student has a D or an F. This should be done in a timely manner before the end of the term to allow students time for improvement.
- Individual departments will determine grade breakdowns; the breakdowns will be consistent with the department.

Late Work

- Teachers will establish late work policies in their individual classrooms and will be made available on disclosure documents distributed at the beginning of the year.
- All class work and homework due dates are established by the classroom teacher.
- Project and activity-based classes may have other specific requirements to make-up late work. The details will be made available by those teachers.

Absences / Make-up Work

- It is the student's responsibility to find out what was missed on the

day of an absence.

- Students have at least two days for each day they were absent to make up all assignments and tests for full credit. Absent work turned in within that time frame will receive full credit.
- If a student is excused for a school activity, the same make-up policy applies. Students are still responsible to make up any missing work.
- Students that are absent for an extended period of time will need to make arrangements with their teachers.

Tardies

- Students that are not in the classroom when the bell starts ringing will be marked tardy. However, all students are expected to be in their seats when the bell starts ringing.
- Not being in your seat when the bell rings may result in losing participation or citizenship points.

Daily Preparation

- All students will come prepared to class. This includes a pencil/pen, paper and appropriate class materials.

Cell Phones & Electronic Devices

- The school is not responsible for electronic devices that are brought to school.
- Students are not allowed to use cellphones, electronic devices, or head phones in the classroom, unless directed by the teacher.
- All inappropriate use of electronic devices will result in the confiscation of the device. The devices will be available for pick-up from the front office.
- Parents will be required to pick-up the devices after a second offense.

Hall Passes

- Students must have a hall pass to leave the classroom. Teachers may provide a hall pass to students when they need to leave the class.
- Students wishing to use the phone in the front office during class time must have a hall pass.

Parent / School Communication

- Parents should make an effort to contact teachers directly. If concerns cannot be resolved by contacting the teacher, then the administration may be contacted.
- Administration will work with teachers to solve problems with students

JDB – Student Use Tobacco, Alcohol, and Drugs

No student may use, possess, be under the influence of, sell, or distribute any of the following while on school or District property, in any vehicle dispatched by the District, or at any school or District-sponsored activity. These prohibitions apply whether or not the actions occur during regular school hours.

- Addictive Prescription Drugs
- Alcohol, alcoholic beverages, or alcoholic products
- Illegal Drugs, which includes all substances whose use is prohibited by local, state, or federal law
- Imitation and Other Harmful Substances with the intent to affect the structure or any function of the body; cause a condition of intoxication, elation, euphoria, dizziness, stupefaction, or dulling of the senses; or in any manner change, distort, or disturb the audio, visual, or mental processes
- Non-Addictive Prescription Drugs
- Over-the-Counter Drugs
- Paraphernalia, including any equipment, product, or material used or intended for use to store, contain, conceal, inject, ingest, inhale, or to otherwise introduce any of the above Prohibited Substances into the human body. Notwithstanding this provision, students with written authorization from a parent or legal guardian and an appropriate health care provider may use and possess asthma inhalers, epinephrine auto-injectors (EpiPens), and equipment necessary for the administration of diabetes medication.
- Tobacco, including, but not limited to, cigarettes, cigars, smokeless tobacco, electronic cigarette or cigar cartridges, Electronic Nicotine Delivery System (ENDS) devices, blunts, bidis, clove cigarettes, dissolvable tobacco, hookah and hookah products, products containing nicotine vapor/oil, or other tobacco/nicotine products in any form.

SCHOOL CITIZENSHIP POLICY

SJHS School Mission Statement:

To ensure high levels of learning for all students, by being **responsible citizens**, effective communicators, and successful learners.

Nebo School District Secondary Citizenship—Policy IGAA

Goals of Education

A primary goal of education for the students of the State of Utah is the development of individuals who possess the knowledge, skills, and human characteristics necessary to enable them to live meaningful lives and to contribute positively to society. Utah State Law is very specific in its expectations for citizenship education:

"Honesty, temperance, morality, courtesy, obedience to law, respect for and an understanding of the constitutions of the United States and the State of Utah, the essentials and benefits of the free enterprise system, respect for parents and home, and the dignity and necessity of honest labor and other skills, habits, and qualities of character which will promote an upright and desirable citizenry and better prepare students for a richer, happier life shall be taught in connection with regular school work."

Citizenship performance is a significant aspect of public education. The laws of the State of Utah and the decisions rendered by the Supreme Court of the United States set the standard for citizenship education.

Positive Incentives

The purpose of the Citizenship Policy is to reinforce appropriate behavior and change inappropriate behavior. Each school is expected to initiate a plan for giving students positive incentives for being good citizens.

Citizenship Grades

Students are expected to be good citizens inside and outside the classroom and are subject to evaluation by the administration and staff. Citizenship grades will be earned in each class in which the student is enrolled. Each student will also receive one citizenship grade from the administration for each grading period.

Student citizenship will be assessed as follows:

- "Satisfactory" (S),
- "Needs Improvement" (N)
- "Unsatisfactory" (U).

Students begin each term with an "S" citizenship grade in each class. The grade is adjusted as student behavior merits.

In addition to the assigning of citizenship grades, schools may also utilize other interventions in order to help students make needed behavioral changes. The focus should always be on helping students develop self-discipline and productive behavior patterns.

Responsibilities of Students:

Student behavior should have a positive influence on the learning environment in the school.

1. Students will conduct themselves in a way that allows for a positive learning environment in the classroom and school.
2. Students will respect individual property and school property while at school or at a school activity.
3. Students will show responsible and respectful behavior on campus, in a bus, and while attending a school activity.
4. Students will speak kindly and respectfully toward other students and toward school personnel.
5. Students will be honest in school work and related to participation in school sponsored classes, activities, and events.

Responsibility of Teachers:

Teachers are expected to maintain a positive climate of teacher/student interaction and communications.

1. Teachers will establish and discuss specific student expectations and class rules used in determining citizenship grades.
2. Teachers will counsel and work with students with problems as situations develop.
3. Teachers will contact parent/guardian and discuss situations and possible solutions when problems develop.
4. Teachers will confer with administrators when efforts to correct problems have not been successful.
5. Teachers will assess the citizenship of each student at the end of each grading period by giving a citizenship grade and at least one related comment.
6. Teachers will notify in writing and within five (5) working days the parent/guardian at their address in the District records of the assessment of an unsatisfactory "U" citizenship rating for a student, on a form provided by the District.

Responsibilities of Parents/Guardians:

The involvement and support of parents/guardians is critical in the process of promoting and developing productive student behavior.

1. Parents/Guardians will make a reasonable effort to be aware of behavioral expectations for their students at school through reviewing materials that are sent home and through conferences with teachers and administrators as becomes necessary.
2. Parents/Guardians will cooperate with the school in helping their students develop and maintain behavioral habits that will foster school success.

Responsibilities of Administrators:

School level administrators will be expected to do the following:

1. Publish the Citizenship Policy for students and distribute a copy to parent/guardian at least once per year.
2. Contact parent/guardian when inappropriate behavior occurs in a setting that is outside a teacher's jurisdiction or when referred by a teacher.

3. Conference, as needed, with parent/guardian, student, and/or teacher in an effort to improve student behavior and negotiate makeup.
4. Utilize appropriate interventions in an effort to help students improve their behavior.

Citizenship Grades and Eligibility

Activity eligibility requires that students have no "U" unsatisfactory citizenship grades in the current year. Students become accountable for "U" grades on the day that report cards are issued. Eligibility may be reinstated as soon as satisfactory citizenship grades have been made up at teachers/administrator discretion.

Citizenship Grades and Academic Grades

The citizenship grade and the academic grade are separate and one grade will not be used to affect the other. Academic grades reflect the mastery of subject matter content. Citizenship grades reflect behavior.

Consequences of Repeated Unsatisfactory Behavior

- Students who accumulate four (4) "U" grades during an academic year will be placed on citizenship probation and lose all Citizenship privileges. An administrator, parent/guardian, student conference will be held to discuss the behavior problems and the possible interventions. A written record of the conference and/or a behavioral contract will be made and will be signed by all parties involved.
- Students who are placed on probation will remain on probation for the balance of the current school year. However, non-senior students who are placed on probation at the beginning of, or during the last grading period of the year, will remain on probation until the end of the first grading period of the next school year. Further infractions will result in additional consequences which may include referral to Youth Court or Juvenile Court, mandated attendance at a behavior

modification class, suspension, referral to an alternate placement, or referral to the Board of Education for release from school attendance.

Appeals

A student can, within fifteen (15) calendar days of the date of such action, appeal a suspension, referral, release or assessment of a "U". If the 15th calendar day falls on a day other than a business day of the District, the appeal deadline is extended to the next business day. A written appeal shall be made to the person from whom the notice came. If no appeal is made, the action described in the notice is final. Any appeal must be in writing. The appeal hearings are as follows: 1. Within ten (10) calendar days a student, parent/guardian, teacher, administrator conference shall be held. If the issue is not resolved at the conference, the matter shall be referred to the Appeals Committee. 2. Within the ten (10) calendar days of the Step 1 Conference, the Appeals Committee shall meet to consider the appeal (consisting of the written appeal from the student to the committee; and the written position of the teacher). 3. If the issue is not resolved by the committee, appeals beyond this will follow the Nebo School District Grievance Procedure for Student's Rights and Responsibilities. The Appeals Committee will consist of two students (one male and one female) to be selected by the student council, one PTA representative to be selected by the PTA president, one teacher to be selected by the principal, one administrator or his/her designated representative.

Compliance Statement

No student classified as having a disability under the provisions of the Education of Handicapped Children Act (EAHCA) et. seq. or Section 504 of the Rehabilitation Act of 1973 shall be affected by this policy for reasons relating to that student's disability. (Approved 12-13-95)

STUDENT RECOGNITION & INCENTIVES

Citizenship Activities: activities, field trips, Lagoon, and dances are held each term for those who qualify. Students must meet the following requirements: 1. Citizenship—No 'N's or 'U's 2. Detentions—No unserved detentions for tardies and/or truancies

Citizenship Chivalry Card: Students are given a Citizenship Chivalry Card at the beginning of each term. Students are responsible for the card, and **if it is lost, it will not be replaced.** Students may use their card for a designated number of incentives such as excusing a tardy, taking an early lunch, a free wheel spin, using a free hall pass, etc. If a student receives an administrative "N", they will lose their card for the current term but will remain eligible to receive a card for the following term.

Extracurricular Participation

Students must maintain good citizenship, as reviewed by administrators, to remain eligible to participate in activities.

STUDENT CONSEQUENCES

It is our goal to promote a positive educational experience for all our students. Students are expected to adhere to all Nebo School District policies at school and during all school-sponsored activities: Student Dress and Grooming Standards Policy; Closed Campus Policy; Attendance and Citizenship Policy; Safe School Policy; Student Discrimination and Harassment Policy; Bullying Policy, Electronic Devices Policy; Tobacco, Alcohol, and Drug Policy; etc.

Students who violate school policies will have their Citizenship grade adjusted.

Bell Schedules

The following time schedules will be used on Tuesday, Wednesday, Thursday, and Friday of every week.

First Lunch

Period 1	8:00 – 8:45
Period 2	8:50 – 9:35
Period 3	9:40 – 10:30
Quest Time	10:35 – 10:55
Period 4	11:00 – 11:45
Lunch	11:45 – 12:10
Period 5	12:15 – 1:00
Period 6	1:05 – 1:50
Period 7	1:55 – 2:40

Second Lunch

Period 1	8:00-8:45
Period 2	8:50-9:35
Period 3	9:40-10:30
Quest Time	10:35-10:55
Period 4	11:00-11:45
Period 5	11:50-12:35
Lunch	12:35-1:00
Period 6	1:05-1:50
Period 7	1:55-2:40

Early-Out Days will be on Monday each week.

First Lunch

Period 1	8:00 – 8:45
Period 2	8:50 – 9:30
Period 3	9:35 – 10:20
Period 4	10:25 – 11:05
Lunch	11:05 – 11:30
Period 5	11:35 – 12:20
Period 6	12:25 – 1:05
Period 7	1:10 – 1:55

Second Lunch

Period 1	8:00 – 8:45
Period 2	8:50 – 9:30
Period 3	9:35 – 10:20
Period 4	10:24 – 11:05
Period 5	11:10 – 11:55
Lunch	11:55 – 12:20
Period 6	12:25 – 1:05
Period 7	1:10 – 1:55

Assembly Schedule

* Lunch is based on the normal schedule. *

First Lunch

Period 1 8:00 – 8:40
1st Assembly 8:45 – 9:35
Period 2 9:40 – 10:30
Period 3 10:35 – 11:15
Period 4 11:20 – 12:00
Lunch 12:00 – 12:25
Period 5 12:30 – 1:10
Period 6 1:15 – 1:55
Period 7 2:00 – 2:40

Second Lunch

Period 1 8:00 – 8:40
Period 2 8:45 – 9:35
2nd Assembly 9:40 – 10:30
Period 3 10:35 – 11:15
Period 4 11:20 – 12:00
Period 5 12:05 – 12:40
Lunch 12:45 – 1:10
Period 6 1:15 – 1:55
Period 7 2:00 – 2:40

Extracurricular Activities

Student Council

Ninth grade students have the opportunity to participate in the Springville Junior High School student council. Student council representatives help out with various school activities such as dances, assemblies, school announcements, etc.

Hope Squad

The HOPE Squad is a peer support team whose goals are to provide service and support to students and the community, to prevent youth suicide and suicidal behaviors, and to improve access and availability of appropriate prevention services for vulnerable youth groups and high-risk individuals.

A student on the HOPE Squad is nominated by his or her peers as someone with naturally good listening skills, and as a generally easy person to talk to. They are seen as someone students would trust to go and talk to during a difficult time. These students are trained to be a supportive listener, and to refer the students in need to an adult helper.

Springville Junior High is committed to providing its students with a safe and caring environment. Youth suicide is one of the leading causes of death for adolescents in Utah. Research suggests that programs like the HOPE Squad can increase the likelihood that at-risk students will get help from school counselors. Students who are potentially at risk for suicidal behaviors are more likely to confide in and feel comfortable with peers rather than adults. The HOPE Squad provides a link between at-risk students and adult helpers.

Athletics

SJHS competes against other junior highs in Nebo School District in the following sports:

- Track (7th, 8th, and 9th grade)
- Wrestling(7th, 8th, and 9th grade)
- Basketball (9th grade only)
- Tennis(7th, 8th, and 9th grade)
- Cross Country(7th, 8th, and 9th grade)
- Golf(7th, 8th, and 9th grade)

Getting Good Grades

Quest Time

Quest Time is a school-wide intervention program designed to provide students with extra help during the school day. Students with deficient grades (D+, D, D-, F, I, and NG) are assigned to attend an intervention class. During this time they will receive assistance in making up missing homework. Different days of the week are designated as **mandatory** intervention days.

- Tuesday: English
- Wednesday: Math
- Thursday: Science
- Friday: History

Students must attend a mandatory intervention if they have a deficient grade in that particular class. Attendance will be taken during mandatory interventions, and students will be assigned a morning detention if they do not attend.

Students without deficiencies are invited to participate in a variety of activity classes.

Parent Involvement

- Please be interested in and positive about your student's school work.
- Check student grades by visiting www.nebo.edu > parents > SIS Grades / Attendance
- Provide a good study atmosphere for homework.
- Send your student to school happy, full, rested and ready to work.

- Contact teachers when you have questions about class work and your student.

Student Helps

- Believe in yourself and that persistent effort will pay off
- Be positive about school
- Get organized
- Use your time wisely
- Be in school, on time, every day
- Be prepared every day
- Always do your homework
- Always hand in your homework
- Treat others with courtesy and respect
- Involve your parents
- Study smart
- Listen carefully
- Use tricks to help you memorize
- Study for tests
- Learn how to intelligently take a test
- Be at ease
- Ask good questions

Student Awards and Recognition

- **Super Knights:** Once a month, students are nominated by teachers to be a Super Knight. Students must be an effective communicator, responsible citizen and successful learner to be nominated. Teachers then vote on nominated students and two students (one boy and one girl) are selected from each grade. These students are recognized in an assembly. Their parents are invited to this assembly. Student pictures are also displayed in the trophy case at the front of the school.
- **Honor Roll*:** Students who receive a 3.5 to 3.99 GPA will receive a certificate at the end of the year awards assembly.
- **4.0*:** Students who receive a 4.0 will receive a certificate at the end of the year awards assembly. If a student receives a 4.0 for three consecutive years they will be able to attend our end of year banquet with their parents.
- **Prize Wheel:** Students that are demonstrating excellence, achievement, and/or improvement through our Desired Results for Student Learning will be rewarded with the opportunity to spin the SJHS "Prize Wheel." There will be many fantastic prizes awarded to those students that earn spins on the wheel.

If students are caught being a responsible citizen, effective communicator, or successful learner, they will be given a wheel spin ticket by a member of the SJHS faculty and staff. Students should hang on to these tickets and take them to the cafetorium on the day of the wheel spin. Students will be able to exchange each ticket for a spin of the prize wheel. This is an excellent opportunity for you to get some great rewards for all of your efforts in making Springville Junior High the greatest!

- **Department Awards:** Each department recognizes excellence in its area with special award at the end of the year.

- **Lagoon:** Students who have no tardies or truancies, or have made up their tardies and/or truancies through the detention program may be allowed to go to Lagoon. Any student who has behaved well during the school year will be able to attend this reward activity. Attendance is at the discretion of the school administration.

***Only full-time students are eligible for academic honors**

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