Initial each of the following statements that apply to you.

1. Thread the sewing Machine.

2. Wind and insert the bobbin into the bobbin case and into the machine.

3. Name the sewing machine parts and their functions.

4. Sew a 5/8” seam and 1/4” seam allowance.

5. Sew the following stitches (Fabric sample piece) Straight stitch, Basting stitch, zig-zag stitch, Machine hem, gathering stitch, decorative stitches, Machine pivot, clean finish and edge stitching.

6. Adjust the stitch width and stitch length.

7. Understand the information on the back of the pattern.

8. Layout a pattern on fabric properly.

9. Lengthen and shorten a pattern.

10. Find the lengthwise and crosswise grainline of fabric as well as the bias.

11. Sew on a button by hand.

12. Complete the following hand stitches: hem stitch, basting and or gathering.


14. Put in a casing for a drawstring or elastic waistband.

15. Do a mitered corner (apron pocket)

16. Sew in a zipper (Book Bag)
17. Clip and notch curves (apron)

18. Make a machine buttonhole.

19. Read a pattern instruction sheet.

20. Be able to choose pattern size using one’s measurements.

21. Name several natural fibers and explain some common uses and characteristics of each.

22. Name several man-made fibers and explain some common uses and characteristics of each.

23. Clean and oil a sewing machine.

24. Use a serger

25. Use a rotary mat, ruler and cutter.